Newsletter

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AFTER SCHOOL CLUB INFORMATION/UPDATES!!!

- Let Me Run 

  We are still looking for another Let Me Run Boys Coach! (Season starts Oct 5)
- Soccer Club Interest Form 
- After-School Martial Arts Program
- Pokemon TCG Club AT BOTH LOCATIONS Back to Thurs/Friday!

- If you need early drop-off at either location, please email admin@thelearninghabitat.com to see your options.

September NEWS

It's been an incredible week at The Learning Habitat!

We will kick off our very first field trip to Hall Family Farm on Friday October 2nd ! Be sure to check out the following pages for registration details and the waiver that must be signed.

We're also thrilled to share that our Indian Trail location has rescheduled our horse visitors for Wednesday, September 30th—students are going to love it!

In club news, our RC Club is scheduled for this Wednesday, and our Pokémon TCG Club is back to its regular schedule:

- **Indian Trail: Thursdays, 3:30–4:45 PM**
- **Monroe Location: Fridays, 1:15–2:30 PM**

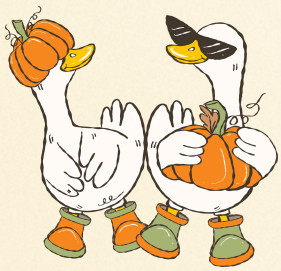
We are also starting our very own Soccar Club! Please see the following pages to fill out the interest form!

Finally, please see the following pages for information about our Fall Picture Day!

This week, we are excited to feature our Art/Kinders/PE/EE Classes! Be sure to check out the following pages to see all the engaging activities and problem-solving our students have been up to!

A Few Quick Reminders:

- **Field Trips & Clubs: Registration for field trips is officially open, and sign-ups are ongoing for our new clubs—including Let Me Run and Martial Arts**
- **Coaching Opportunity: We are still actively searching for a Let Me Run Boys Coach (season starts October 5). If you or someone you know is interested, please reach out!**







REMINDER



Doors open at 8:55 am.
Please feel welcome to walk your child to class until they are able to do it themselves!

Please pick up students by 3:10 pm.
There will be a babysitting fee of $5/minute assessed after this time.



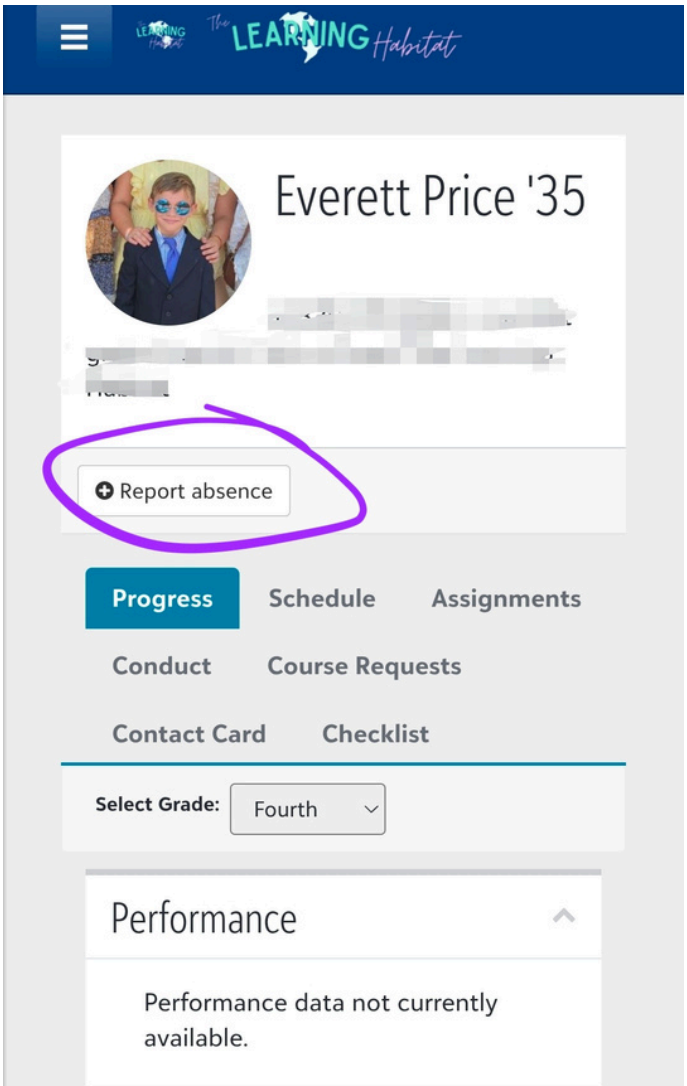


REMINDER CHECKLIST

- **MICROWAVES ARE LIMITED. PLEASE PACK ACCORDINGLY.**
- **Utensils and plates/bowls are NOT provided.**
- **Please send a water bottle and snacks!**
- **Pack extra clothes/shoes for rainy days or accidents. WE GO OUTSIDE IN THE RAIN.**
- **Doors open at 8:55 am! (early drop-off is available...email HERE)**
- **Drop off all medications with instructions to Trista (Monroe) or Jereline (Indian Trail).**
- **If your child did not receive their shirt, please let Trista or Jereline know via email.**
- **PLEASE MAKE SURE YOUR CHILD'S TEACHER SEES YOU AT PICK-UP BEFORE LEAVING (BELOW 8TH GRADE).**

ABSENT

Please report absences via Blackbaud through the NEW "Report Absence" function.



TLH PARENT PACK

Who are we? The Parent Pack is The Learning Habitat's parent volunteer group.

What do we do? We help coordinate and facilitate fun school-wide events like the Halloween Hullababloo, the Winter Workshop, The Valentine's Day dance, Teacher Appreciation week and the end of the year party.

Who can join? You! We need parents to volunteer their time, energy, and/or money. Choose the form of volunteering that works best for you. Together, we can offer our learners fun extra-curricular events!

***Fill out the info form here* or scan the QR code**

More Than a Memory
PHOTOGRAPHY

FALL Picture Day

at The Learning Habitat



Monroe
October 7th
(Wednesday)

SIGN UP!



Indian Trail
October 8th
(Thursday)

SIGN UP!



Email samantha@mtamphotography with any questions!


PLEASE DONATE!
THANK YOU
We Need..
•fabric
•sheets
•pillow cases
•Any fabric!
•beads
•buttons
•bows
•Thread Needles
•Fake Flowers/Vines
•head bans
•old jewlery
•hangers
•old shoes
Sunglass
Gem
WE Need THIS for... THE PLAY, ALOT of People IN THE PLAY! SO WE Need THIS Stuff! PLEASE
FASHION DESIGN NEEDS
YOU!

MINI-MINDFULNESS SESSIONS WITH MS. DAVIS

Hello TLH Families!
Many of you may not know, but this year at The Learning Habitat, we are offering Mini- Mindfulness sessions for our students that may need some extra support with transitions, emotional regulating, struggles with focus, anxiety, anger issues, or any of our BIG emotions!
I am super excited to be the Emotional Support Interventionist at The Learning Habitat. I will be putting my certifications in Mindfulness and Forest Therapies to use in order to better support our students.
If your student gets referred/recommended to spend some time with me, please do not consider this a negative situation. Time with me is not a punishment. I am here to help support and equip children with positive coping skills and strategies to better navigate the classroom and their world.

Depending on the student's needs, I work with them either one-on-one or in small groups. I typically meet with students for 15 minutes, once a week. Tuesdays 1-3:00 at Monroe and Thursdays 9-11 at Indian Trail.
If your child is recommended to spend some time with me, I will first contact you. Then, I will spend the first few sessions getting to know them and earning their trust, making sure they feel safe and comfortable with me. I will follow up with updates.

I've enjoyed working with several students already and eager to meet more!

-Mrs. Jan Davis







Ms. Chrissy's Kinders!

All of our planting is done and now we hope the fall and winter is good to us farmers!
We are hoping for a bumper crop to make Stone Soup with in early spring.

We are talking so much about the changes that are happening.
We have learned about evergreen vs. deciduous trees.
We have been watching the bears fatten up during Fat Bear Week on explore.org.
The salmon are jumping and these bears are feeding good to fatten them up!











Ms. Koryki's Art Class



We have been continuing with lines showcasing Keith Haring and Paul Klee. Students learned that lines can convey emotion and are the most fundamental element with all the elements of art. They also learned the proper ways to hold and care for a paintbrush. We practiced with water colors by using the wet on wet method and water color resist. Upper classes learned about fonts and how they can impact a message while making positivity posters. High schoolers are planning our picnic table designs and will be painting them soon.

















MS. SAM'S PE/EE CLASS









In K-2 PE/EE we have been working on games that develop locomotor skills (running, galloping, skipping, and sliding), pathways, levels, speed, and directions. We also did our first yoga lesson this week and the students did so well and really enjoyed it. In Emotional Education we have focused on how to be a good listener and working with others.

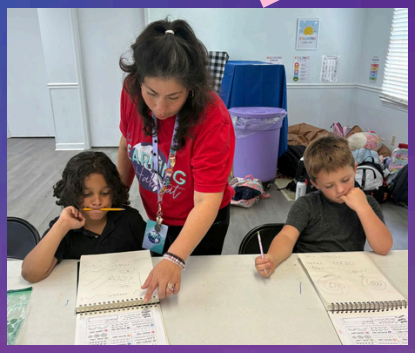
In 3-5 PE/EE, we have mainly focused on teamwork. We have played games that focus on working together and having good communication, talked about how to be a fair winner and a good loser, and how to show good sportsmanship.







Ms. Dani's Art Class







Art class started wonderfully like always!
We are learning about the 7 elements of art; these are the basic building blocks that every artist uses to create. Starting with COLOR, they made their own color wheel and learned about the classification of colors, like primary, secondary, tertiary, cool, warm, monochromatic and especially what those colors made us feel and how people relate and respond to different colors.
Now we are learning about another art element, LINE; one of my favorite quotes to easily understand LINE is "A line is a dot that went for a walk" by Paul Klee. Is a single point that moves freely from one place to another, a line is movement at its finest, and they understood how much we can create with a single line. My kindergarten class made houses out of popsicle sticks and made different lines and patterns, and the other classes made portraits using only one single line; without lifting the pencil out of the paper, they made incredible abstract faces. It was a bit intimidating for some of them, but after a lot of practicing, they made amazing creations. Another teaching lesson was how, by practicing and trying over and over again, we can achieve amazing results not just in art but in everyday life. It has been super fun!



















EST. 2008

HALL FAMILY FARM

LANCASTER, SC

Hello TLH Families,

We are very excited for our first field trip to Hall Family Farm on Friday, October 2nd. Thank you for registering, we are excited that you'll be joining us!

If you would still like to join us please register here!

THE FARM HAS CHANGED THEIR VISITOR POLICY FOR THIS SEASON AND IS REQUIRING ALL NON-TLH STUDENTS (EX; SIBLINGS, PARENTS, ETC) TO SIGN A WAIVER. PLEASE SIGN THE WAIVER PRIOR TO OUR FIELD TRIP OR YOU WILL NOT BE ADMITTED INTO THE FARM. THE WAIVER CAN BE FOUND HERE, OR ON THEIR WEBSITE.





Click here to help coach!

Click Here

WHAT IS LET ME RUN? Grades 3-5

OUR MISSION

Let Me Run is a nonprofit wellness program that inspires boys to be themselves, be active, and belong. With a comprehensive curriculum that applies the power of running, we encourage boys to develop their psychological, emotional, and social health, in addition to their physical health.

Twice a week for seven weeks, two trained volunteer coaches lead an elementary or middle school team through practice. Designed to amplify confidence, self-expression, and respect for others, each practice includes a lesson from the Let Me Run curriculum. Each fall and spring season culminates in a 5k race festival.

OUR IMPACT

An independent study showed Let Me Run....

- ✓ **INCREASES healthy masculinity in boys**
- ✓ **IMPROVES social competence in boys**
- ✓ **INCREASES physical activity of boys**
- ✓ **REDUCES boys' screen time on school days**

OUR PRACTICES

UNITY LAP
Practice opens with a slow lap that everyone runs together as a team.

POST-RUN STRETCHES
A group stretch establishes positive running habits and avoids injury.

DYNAMIC STRETCHES
A series of dynamic stretches assist in warming up the body.

LESSON & ACTIVITY
Discussion, role-playing, games, and activities cover age-appropriate topics.

RUN
Times and lengths of the runs vary each practice, culminating in an end-of-season 5k.

POSITIVE PEER CARDS
Boys write uplifting messages about themselves, community members, and others.

STRENGTH & AGILITY
Starting in 4th grade, boys complete push ups and strength and agility exercises.

CLOSING HUDDLE
The team huddles up and yells the mantra: "Let me be me! Let me reach out! Let me run!"

BOYS REGISTRATION HERE!

Click/tap on Let Me Run Charlotte, then View Regional Info, then scroll down to The Learning Habitat

AFTER-SCHOOL



SOCCER CLUB

EVERY MONDAY AND WEDNESDAY

FALL SESSION

3:15-5:00 at TLH Indian Trail

CLICK HERE FOR OUR INTEREST FORM

Led by Coach Cesar and Ms Bug

MOVEMENT
FAMILY MARTIAL ARTS

AFTER SCHOOL PROGRAM

If you're looking for a way to set your child up for success, learn valuable life lessons and engage in a healthy active lifestyle, then you've come to the right place!

At Movement Family Martial Arts we strive to give students all across Indian Trail the chance to enjoy a fun, safe and supportive environment.

Our afterschool program offers dedicated homework assistance, structured group games and activities, anti-bullying lessons, Taekwondo classes and more!

Homework Help | **Taekwondo** | **Study Groups**





REGISTER HERE

- **3pm-6:30pm for K-12 students, Monday - Friday**
- **PICK UP SERVICE AT INDIAN TRAIL AND MONROE AT 3PM**
- **Cost is is $499 monthly full time (4-5 days a week)**
- **$299 monthly part time (1-3 days a week)**

Movement Family Martial Arts
Master Matt Majesky
598 Indian Trail Rd S, Indian Trail, North Carolina 28079
(704) 839-0126
movementfma@gmail.com